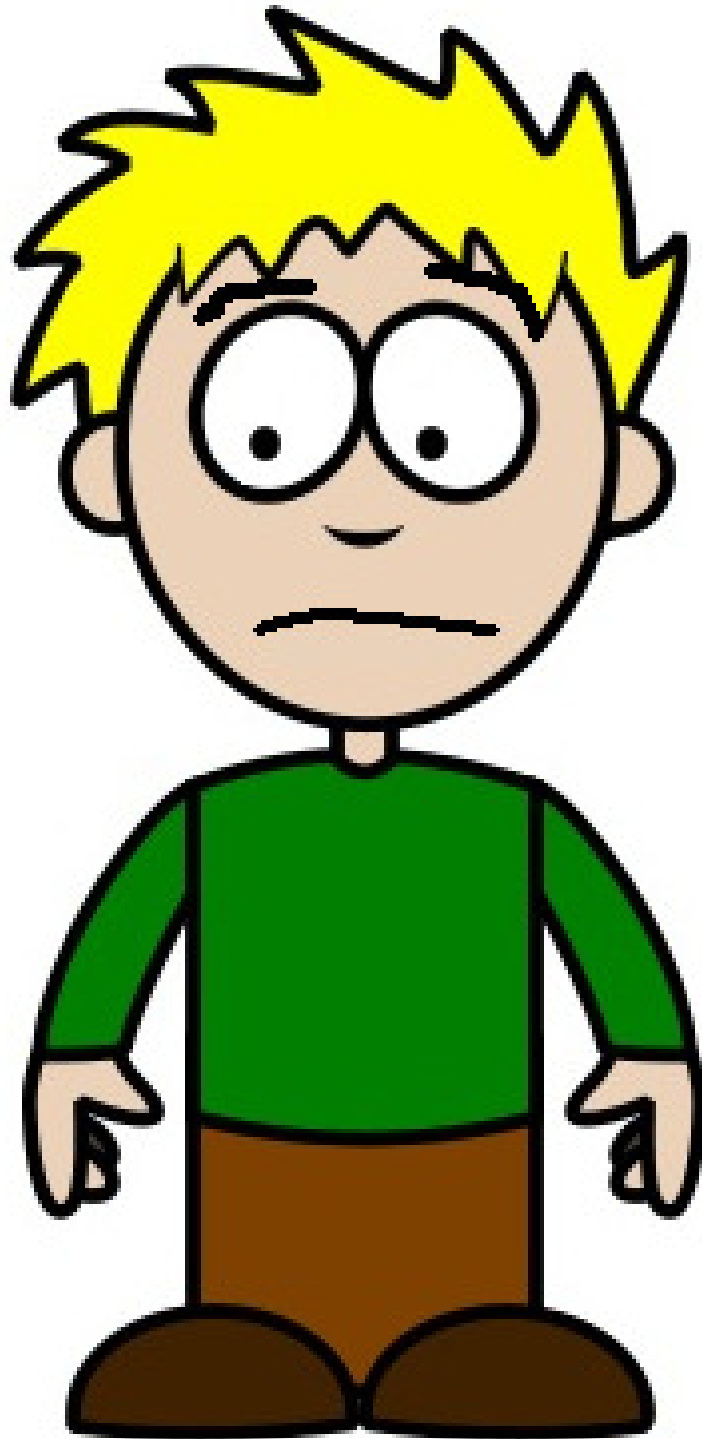


The Day Jace Kelly Popped



**Written by
Mrs. Rex**

**There's something you should know about
Jace Kelly...**

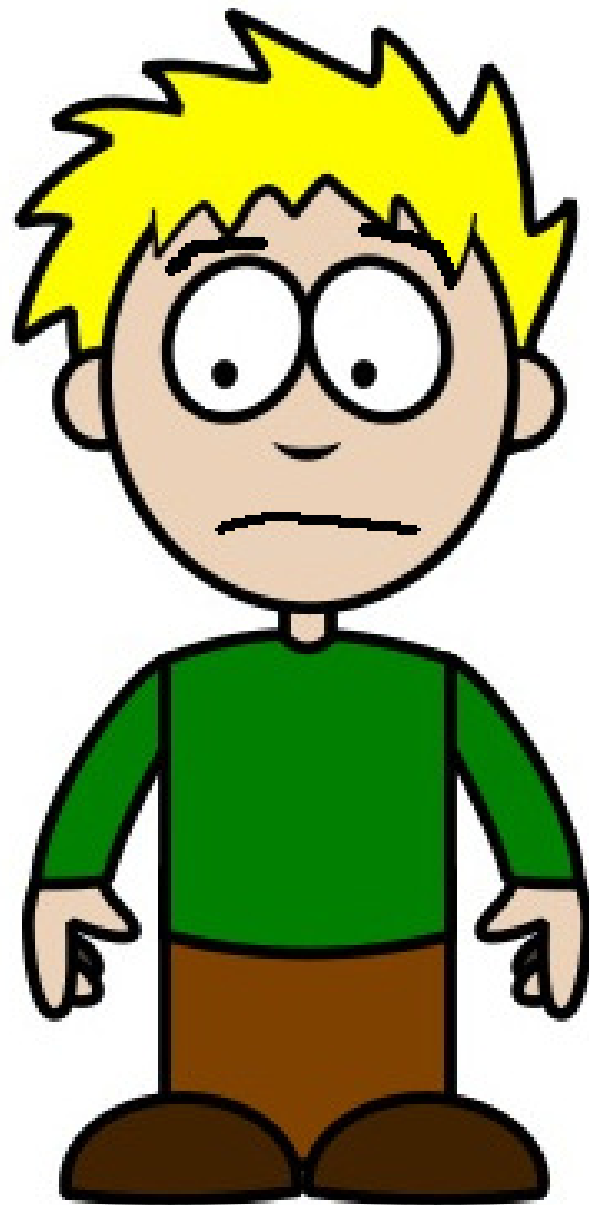




He wasn't the smartest kid in school or the most popular.



He never got picked first to play kickball at recess.



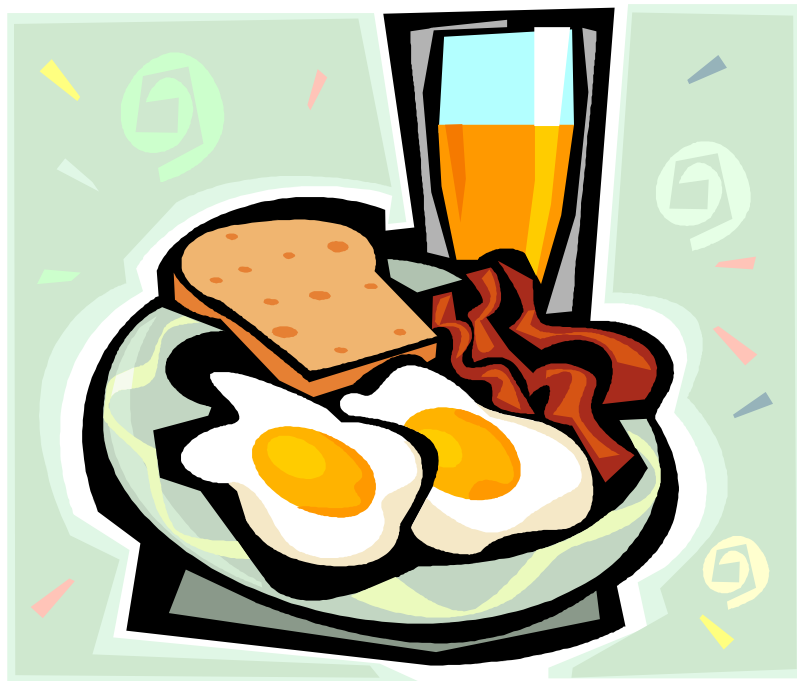
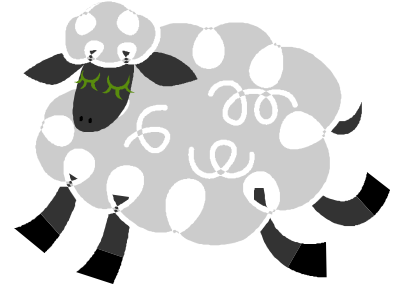
Jace Kelly knew he was nothing special.

Well, that's what *he* thought.

**Bad Mood
Scale**



Jace woke up late on a Monday morning, feeling sleepy and ready to crawl back into bed.

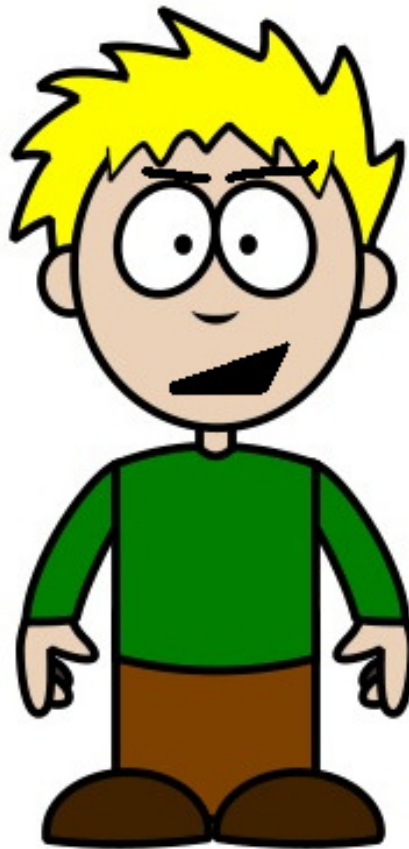


He wondered if his mom would believe he was sick if he coughed during breakfast...



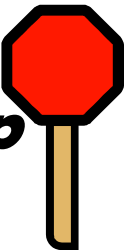
**Bad Mood
Scale**

...it turns out she wouldn't.

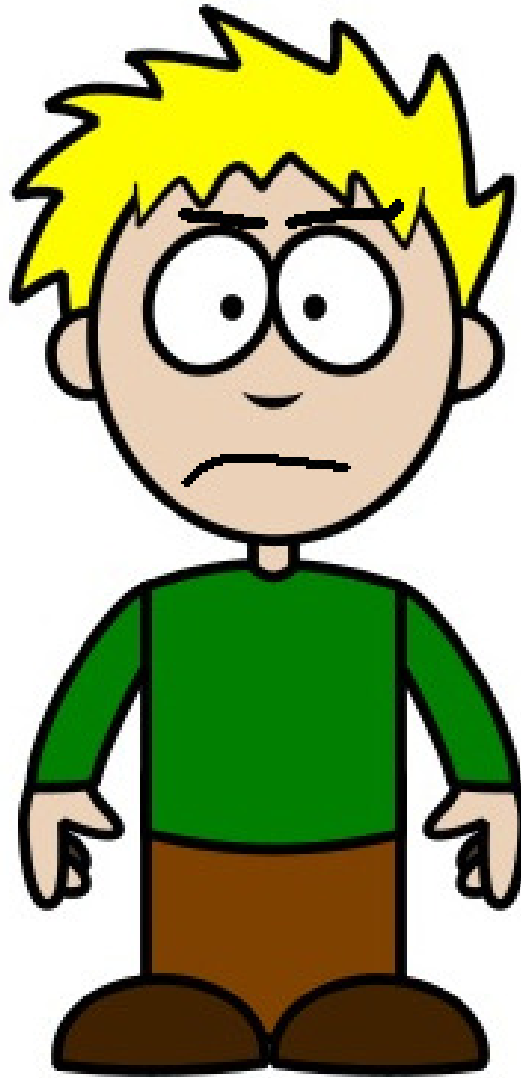


Jace, already in a bad mood, couldn't stand all of the questions his little brother was asking him.

"Brady," Jace whined. "Just *stop* talking. You are so annoying."



**Bad Mood
Scale**



As Jace was listening to his mother's angry voice, he couldn't help but feel a little sorry for snapping at Brady...

...but he *still* couldn't get out of his bad mood.

**Bad Mood
Scale**

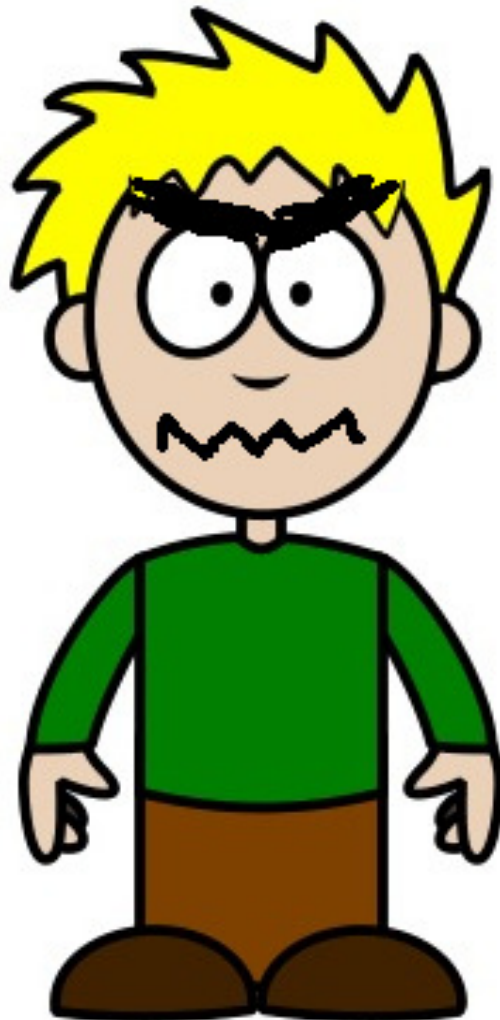
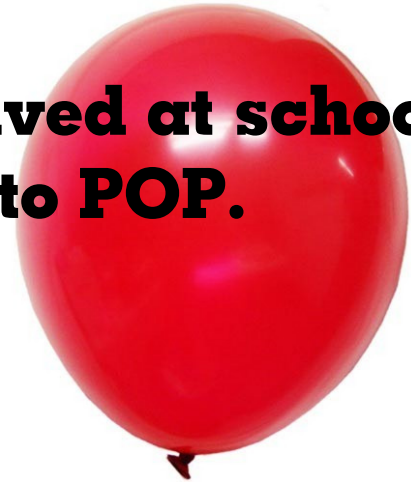


To make matters worse, Jace had to walk to his bus stop in the rain, getting muddy water in his shoes.



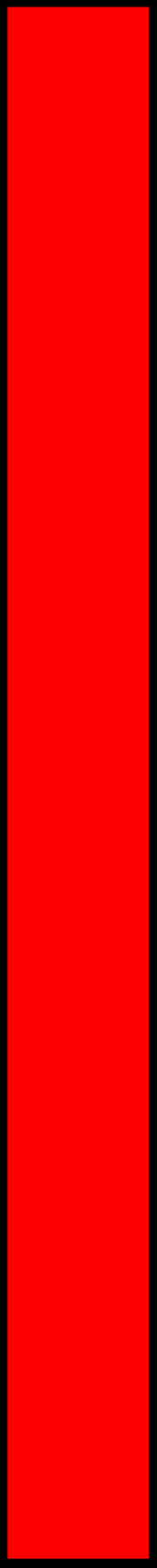
**Bad Mood
Scale**

By the time he arrived at school, he was almost ready to POP.

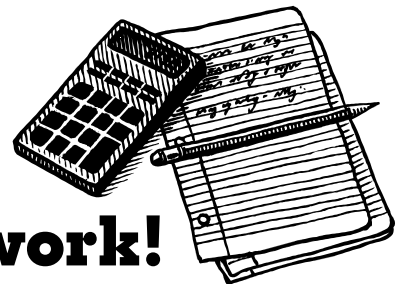
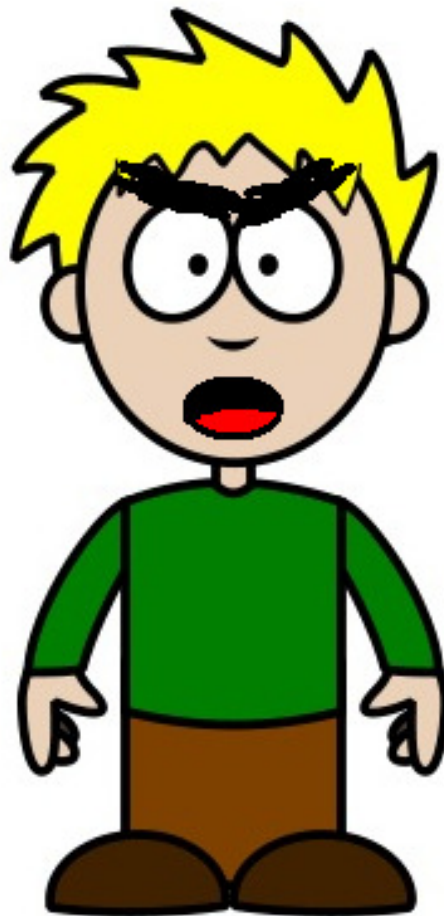


Jace was so frustrated that he ignored everyone who said "hi" to him in his classroom.

**Bad Mood
Scale**



**Then, Jace looked in
his bookbag...**



He forgot his homework!

**Bad Mood
Scale**

SMACK!

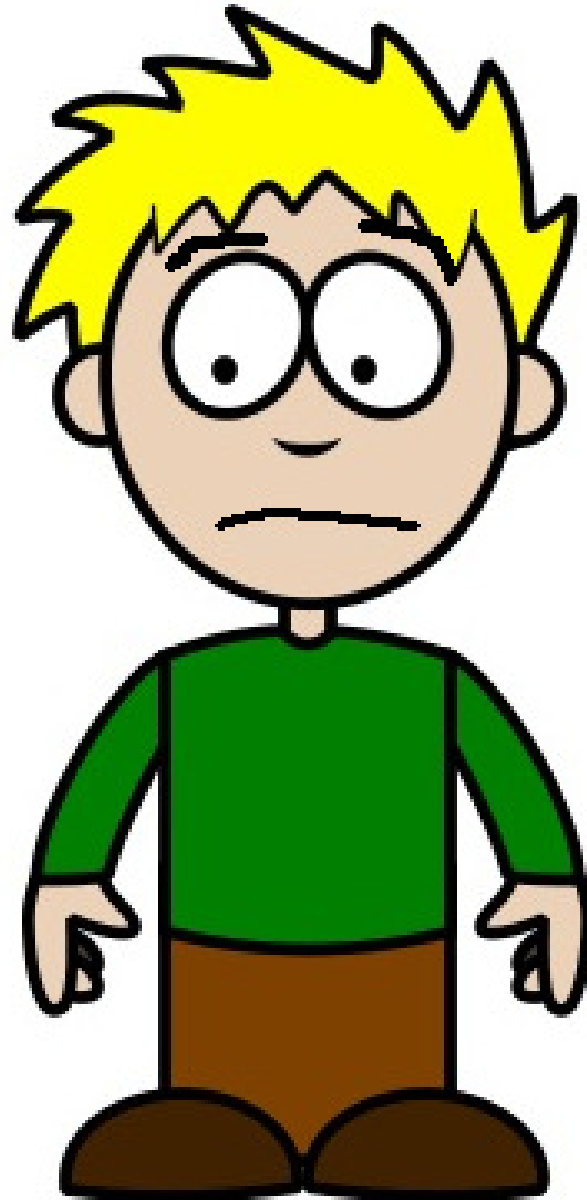
Rip!

CRUNCH!



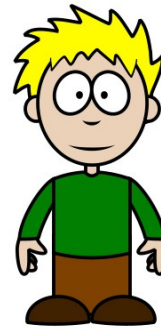
**Jace threw his books on the ground
and stormed out of the room.**

As Jace sat outside his classroom door, he knew he went too far.



After apologizing to his class and cleaning up his books, Jace promised himself that he would never get that angry again.

You see, Jace WAS special.



How to stay calm

1. Take deep breaths.
2. Take a break.
3. Talk to a friend.
4. Exercise or play.
5. Count to 10.
6. Draw a picture.

By: Jace Kelly