

**RESOURCES FOR
CHALLENGING AREAS OF
ELEMENTARY SCHOOL
COUNSELING**

Presented by:
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Elementary School Counselors
Washington Local School District

INTRODUCTIONS

- **Marissa Rex**
 - Hiawatha Elementary (350 students)
 - 5 years of Experience
 - B.S. in Early Childhood Education, M.Ed. in School Counseling
 - Founder of www.elementaryschoolcounseling.org
- **Stephanie Moore**
 - Greenwood Elementary (450 students)
 - 6 years of Experience
 - M.Ed. in Curriculum and Teaching, M.Ed. In School Counseling

LEARNING OBJECTIVES

- Develop an understanding of career education and exploration in an elementary school setting
- Discover how to implement career education into your school counseling program
- Learn how to organize successful small group counseling sessions in an elementary school setting

CAREER EDUCATION AND EXPLORATION

- **Vehicle Day**
 - Purpose
 - why
 - Planning
 - when
 - Vehicles
 - who
 - Location
 - where
 - Communication
 - how
 - Schedule
 - how

CAREER EDUCATION AND EXPLORATION

- **Color Quiz**
 - Basic Personality Inventory
 - Introduction to personal strengths and challenges and how those abilities can translate to future careers
- **Career Café**
 - Inspired by School Counselor Blog (www.schcounselor.com)
 - 5th and 6th Graders
 - 30 minutes (lunch and recess)
 - Sign-Up Sheets
 - Guest Speakers:
 - Actor, Filmmaker, Veterinarian, Football Coach, College Professor, Business Owner, Politician, Musician, Nurse, Detective

CAREER EDUCATION AND EXPLORATION

- **Early Childhood (K-3)**
 - Ice Cream Cone
 - Matching Game
 - Career Map
 - Mystery Bag
 - Goal-Setting
 - Career Alphabet Display
 - Career Shop
- **Books**
 - Career Day by Anne Rockwell
 - What's My Job? By Lyn Calder
 - When I Grow Up by Al Yankovic
 - LMNO Peas by Keith Baker
 - Whose Hat is This? by Sharon Katz Cooper

CAREER EDUCATION AND EXPLORATION

Classroom Lessons and Connections to Career

- Rules (both at school and work)
- Listening (focus attention and listen)
- Working together (group work)
- Presenting information (speaking skills)
- Compromising (problem solving)
- Body Language (communication)
- Attendance (commitment and values)
- Finance (PAWS dollars)
- Goal Setting (PAWS cart)


CAREER EDUCATION AND EXPLORATION

- Useful Classroom Teaching Strategies
 - "Call and response"
 - engagement and challenging behaviors
 - "Cup your hand"
 - engagement and encouraging response
- Behavior Management
 - Mr. Potato Head
 - Marbles
 - Non-Verbal Points/"Warnings"
 - Positive Attitude Spray/Quiet Spray
 - Punch Cards
 - Baseball Diamond

CAREER EDUCATION AND EXPLORATION

- Tim
 - School Puppet
 - Teaches students how to manage conflicts and how to use their strengths to be successful at school.
 - Broad idea of career education and exploration.
- Adventures with Tim
- Dear Tim
 - Videos

DEAR TIM



SMALL GROUP COUNSELING

- **How to Organize and Schedule Groups**
 - Self Referral
 - Teacher Referral
 - Parent Referral
- Utilize lunch time
- Some grades, especially K-2, may be more flexible with their schedules.

SMALL GROUP COUNSELING

■ **Sample Forms**

BANANA SPLITS

DEAR PARENT/GUARDIAN:

At Merritt Elementary School, we are the school counselor at Merritt Elementary School. My job is to help all of our students succeed both academically and personally.

TO DO THIS, I WILL OFFER WORK WITH SMALL GROUPS OF STUDENTS TO:


BANANA SPLITS WORK WITH STUDENTS TO DEVELOP THE SKILLS TO ORGANIZE TO STAY POSITIVE HOW TO ADDRESS THEIR PERSONAL CONCERNS AND CONNECT WITH OTHER STUDENTS WHO ARE EXPERIENCING A SIMILAR SITUATION.

THIS GROUP WILL INCORPORATE **STAR STUDENTS** USE TOOLS TO SUPPORT THEM THROUGH A SITUATION AND TO HELP THEM BE SUCCESSFUL AT SCHOOL, BOTH ACADEMICALLY AND SOCIALLY.

IF YOU HAVE ANY QUESTIONS ABOUT THIS GROUP WORK, PLEASE DO NOT HESITATE TO CONTACT ME BY PHONE, OR THROUGH MY EMAIL OR PHONE LISTING.

I CANNOT WAIT TO MEET WITH YOUR **SMALL GROUP!**

MR. PEX
SCHOOL COUNSELOR



CIRCLE OF FRIENDS

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SCHOOL COUNSELOR



SCHOOL STARS

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SCHOOL STARS WORK WITH STUDENTS TO DEVELOP THE SKILLS TO ORGANIZE TO STAY POSITIVE HOW TO ADDRESS THEIR PERSONAL CONCERNS AND CONNECT WITH OTHER STUDENTS WHO ARE EXPERIENCING A SIMILAR SITUATION.

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I CANNOT WAIT TO MEET WITH YOUR **SCHOOL STAR!**

MR. PEX
SCHOOL COUNSELOR



SMALL GROUP COUNSELING

- Favorite Small Group Topics
 - Banana Splits
 - School Stars
 - Circle of Friends
 - Stress Busters
- Lunch Reward Group

SMALL GROUP COUNSELING

- Behavior Management Techniques
 - Happy Cup / Sad Cup
- Sticker Chart
 - Track behavior each week



SMALL GROUP COUNSELING

- Favorite Games and Activities
 - Whoonu
 - Don't Break the Ice
 - How to Train Your Dragon
 - Jenga
 - Angry Animals 2
 - Fish'N Fun
- What Could I Be?
- Pixar Short Films

SMALL GROUP COUNSELING

- **How to End a Small Group**
 - **Reunion Groups**
 - Meet 1x/month to regroup and check in
 - Lunch
 - **Prepare**
 - Sticker Chart (with number of sessions)
 - Discuss during sessions

CONCLUSION

- It is never too early to start career readiness and exploration.
- You are already meeting ASCA career goals! Keep it up!

QUESTIONS?

- **Contact Information**
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