Dear Parent/Guardian:

My name is Mrs. Rex and I am the school counselor at Hiawatha Elementary. I work with every student individually, in small groups, and/or in their classroom.

For small group counseling, I send home a permission form that lets parents know what the topic is, what will be covered, and the goals of the group. Parents have the option of allowing their child to participate or declining the invitation to the small group.

For classroom-based counseling, teachers sign-up for units based on what he/she thinks the students need most. Common topics include: self-esteem, making and keeping friends, positive school behaviors, and bullying.

To receive individual counseling, a student is referred by their parent, teacher, or principal. Students can also request to see me. Students come to my office to talk about things that impact their learning at school, such as friendships, study skills, and self-esteem. In my office, students can feel free to talk about what worries them and to ask questions.

As part of my effort to maintain consistent and clear lines of communication with parents, I wanted to inform you that I spoke with your child on August 25, 2010. We discussed her feelings about the new school year.

I would like to continue being a resource for your child throughout the school year. My goal is to help your child be successful both academically and socially through scheduled one-on-one counseling opportunities. The goal is to meet with your child regularly at first and then slowly decrease services to an “as needed” basis.

If you have any questions or concerns about this, please contact me at (419) 473-8266. I would be happy to work with you to make your child’s time at Hiawatha great!

Thank you!

Mrs. Rex