

School Counseling

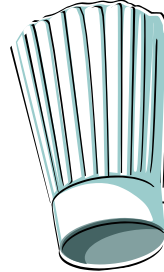
Menu of Services



Appetizers

1 lesson (30 minutes)

- Stress Busters (Test Anxiety)
- Making the Grade (Study Skills)
- Character Counts (Core Value of the Month, 1x Per Month)



Your chef will allow substitutions and custom orders.



Main Courses

3 lessons (30 minutes) → 1 per week

- Super School (Positive School Behaviors)
- Circle of Friends (Making and Keeping Friends)
- Extreme Self-Esteem (Self-Esteem)
- Sticks and Stones (Bullying)
- Follow the Leader (Following Directions)
- Superhero Success (Managing Life's Challenges at School)



Desserts

1 lesson (1 hour)

- Be the Change (Bullying/Friendship)
- Smooth Moves (Managing Changes—i.e. friends, family, school)
- Road to Success (Career Preparation / Discussion of Individual Strengths)



I would like a custom order: _____

Lessons available K-6 (modified for each grade)

Ordering in 3 easy steps!!!

Step 1:

Choose your topic (appetizer, main course, or dessert)

Step 2:

Give your menu back to Marissa Rex. She will contact you about scheduling your lesson(s).

Step 3:

Enjoy your school counseling “meal”

