

SELF-ESTEEM SANDWICH

MaTERIALS:

- CaRLa'S SaNDWiCH (BOOK)
- SaNDWiCH PiECES (TO CUT OUT)
- COLOrING SUPPLIES

ACTiViTY:

- READ CaRLa'S SaNDWiCH TOGETHER.
- REFLECT THROUGHOUT THE STORY AND AT THE END.
 - WHAT IS THE MESSAGE OF THIS STORY?
 - WHAT ARE SOME OF CaRLa'S POSITIVE TRAITS?
- INTRODUCE ACTiViTY-
 - EACH STUDENT WILL COMPILE THEIR OWN SANDWICH OUT OF THE SANDWICH PIECES PROVIDED. 5 TOPPINGS TOTAL.
 - EACH PIECE MUST BE LABELED WITH A POSITIVE CHARACTERISTIC.
- AFTER ALL SANDWICHES ARE MADE, THE GROUP WILL SHARE THEIR CREATIONS.
 - IS THERE A POSITIVE TRAIT THAT SOMEONE LEFT OUT?
 - WHAT POSITIVE FEEDBACK CAN WE GIVE OUR GROUP MEMBERS?