

FEELINGS GLASSES ACTIVITY:

MATERIALS:

- VARIOUS COLORS OF GLASSES
- ONE MEDIUM SIZED CANVAS BAG

PROCEDURE:

- WHEN THE STUDENTS ARE SITTING ON THE CARPET, EXPLAIN THAT YOU HAVE A BAG OF GLASSES AND EACH PAIR LETS YOU CHANGE YOUR FEELINGS. WARN STUDENTS ABOUT THE FEELINGS (I.E. YOU'RE NOT ACTUALLY MAD AT THEM, ETC.).
- PUT ON THE DIFFERENT PAIRS, CHANGING HOW YOU WORK WITH THE STUDENTS BASED ON THE TYPE OF GLASSES WORN:
 - MAD:
 - TELL STUDENTS TO KEEP FOLLOWING DIRECTIONS OR ELSE THEY'LL MOVE STRAIGHT TO RED.
 - ACT LIKE YOU DON'T WANT TO TEACH. YOU DON'T WANT TO BE AT SCHOOL TODAY.
 - IF STUDENTS LAUGH, TELL THEM TO STOP.
 - IF STUDENTS TALK, TELL THEM TO STOP.
 - SAD:
 - TELL STUDENTS THAT YOU DON'T WANT TO TEACH. YOU DON'T WANT TO BE AT SCHOOL TODAY.
 - COMPLAIN ABOUT HOW THINGS ARE GOING.
 - TAKE EVERYTHING PERSONALLY ("ARE YOU TALKING ABOUT ME?" "YOU MUST NOT LIKE ME VERY MUCH. I MUST BE A BAD TEACHER." ETC.
 - HAPPY:
 - TELL THE STUDENTS YOU ARE EXCITED TO WORK WITH THEM TODAY. YOU LOVE BEING AT SCHOOL.
 - BE FRIENDLY. SMILE.
 - SCARED:
 - SIMILAR TO SAD IN THAT YOU DON'T WANT TO BE AT SCHOOL. YOU WANT TO GO HOME.
 - AFRAID THAT YOU'LL GET PUT ON RED, THAT SOMEONE WILL MAKE FUN OF YOU, ETC.
- REFLECT AFTER EACH PAIR OF GLASSES.