

HOW WE FEEL ABOUT BULLYING



**COMPILED BY
MRS. REX**

DEAR CLASS,

Thank you for taking this writing assignment seriously. Your responses were very moving. I appreciate how open all of you were, whether identifying as a bully, a target of bullying, or as a bystander (someone watching it happen).

This is a great opportunity to make positive changes for our school and for ourselves. No one is perfect, but we CAN learn from our mistakes and make better choices. We CAN make our school a better place so that students do not feel as hurt and alone as they currently do.

Remember, I am always here to help. I want to do all I can to make school a place you WANT to be, a place you feel happy and safe. You can always ask to speak with me by writing me a detailed note. I will see you as soon as I can. 😊

I know that we can all do something to make everyone feel cared about here at school. I truly appreciate all the good things you do.

Thank you for your effort on this project!

Mrs. Rex
Your School Counselor 😊

HOW WE FEEL...

- When a couple of my friends bullied me, I felt sad, angry, and not very happy. It hurt my feelings, so if you want to be treated like other people are, don't bully others and maybe if we could stop bullying, nobody will get hurt. If you bullied someone, you should try and make up for what you did.
- I think bullying is a problem.
- I hate bullies. People were mean to me before, people lied to me, people kept secrets from me for no reason, people spread rumors, people called names, bullies are mean, very mean.
- Everyone is always making fun of me. They are always calling me clumsy. Everyone always tries to stay away from me.
- I think of:
 - Getting picked last everyday
 - Being alone everyday
 - Not getting enough respect
 - Not getting to talk to some people
 - Getting teased
- Bullying is an issue in our school. We should try to stop it. We, as kids, should be friends with everyone.
- Be a good sport, don't rub things that you earn in people's faces and don't call people losers—just say “good play.” Be happy with what you have.
- It is so mean. I get bullied all the time. Some people say they want to hurt me and at recess I sit on the swing and I cry. I want friends, but they're all mean and why should I have friends if they're mean? Some people are such bullies that I feel bad for me.
- I want people to know that I sometimes can be mean to my friends and some of the people in my class, but I will stop being mean and be the better person. I want people to know that bullying is not right. Sometimes everyone wants to hang out with me and my friends get mad, so I just go with the people that don't gossip or be mean to me.
- Everyday I get teased and ignored. Sometimes I don't want to go to school because I get teased and ignored. I think I have 8 friends in the class. I try to be friends with others. I hope they don't go through what I did.

- I bullied a couple of people at school and I need to stop. I am a bully at this school and I need to start getting along with people. I get bullied sometimes, but I get disrespectful back and that's what starts fights with me and others. When people get bullied at this school, they start to cry, and they get really mad. I need to really stop bullying at Hiawatha. When I bully people, they get scared and think I'm going to hit them or something. I am a bully and I need to grow up and get along with people.

- Words I think of:
 - lying
 - name-calling
 - angry
 - hurt
 - mad
 - ugly
 - sad
 - hurtful
 - left out
 - unloved
 - fighting
 - disagreements
 - nobody
 - mean
 - unwanted
 - rude
 - alone

- I want kids to stop picking on me and calling me fat, big, slow, or stupid. I would just like for them to stop and know that it really hurts me. Every time they do it, I feel like I want to cry. I do not like how they always want to fight me.

- Me and others are always picked last in football and other sports.

- At lunch, I get made fun of and 2 or 3 others laugh at what people say. I was called a "retard."

- Bullying is not a joke. It hurts people. I feel this is really a big problem at this school. There has been hitting and name-calling. Most kids who do it find it funny. They have done it individually and in groups. It's horrible to think that people enjoy it. Kids who get scolded don't listen.

- Bullying can lead to fighting. It is not nice to bully. It makes people cry, it makes people mad.

WHAT WE CAN DO:

Think before we act or speak

Think about the feelings of
others

Think about what our actions
say about us. What do others
see in us?

Be respectful to everyone