Random Acts of Kindness Week
Classroom Lesson

**Materials:**

- RAK video (on shared drive, in "RAK Week" folder)
- SMARTboard
- Writing Paper (provided by Mrs. Rex)

**Lesson Details:**

- Watch the RAK video and reflect with students
  - Sample Reflection Questions:
    - Did the RAK cost money?
    - Were the RAK easy or hard to do?
    - Has anyone ever helped you with a RAK? How?
    - How can RAK help us at school?
- With your students, create a list of RAK that anyone could do at school
- Provide students with writing paper
  - Students write one of their ideas down
  - Decorate with pictures or other symbols
  - Students can share their pictures if you have time
- Collect the papers and return to Mrs. Rex
  - I will compile the ideas into a class book
  - Students will be able to look through the ideas all year

For more ways to use and discuss RAK in your classroom, visit
**The Random Acts of Kindness Foundation:**
www.randomactsofkindness.org